

CHEBUCTO HIKING CLUB



KINCAID

2019 ROAD TRIP



Franey Lookoff

COME HIKE WITH US IN THE CAPE BRETON HIGHLANDS INGONISH AREA

OCTOBER 10-14, 2019

Join us for five days of hiking in Cape Breton Highlands National Park. Lining the craggy coastline, the Cabot Trail scenic highway offers sweeping ocean views, hills, river canyons, valleys and forests - home to moose and black bears. In the park's southeast corner, sandy Ingonish Beach divides Freshwater Lake from the Atlantic Ocean.

HIKES ARE FREE AND OPEN TO ALL

**CLOSING DATE FOR REGISTRATION IS
SEPTEMBER 15, 2019**

We will be hiking in the national park. Park passes are required. Information about early bird prices is available at www.pc.gc.ca/en/pn-np/ns/cbreton

ACCOMMODATIONS

Ingonish Chalets
36784 Cabot Trail, Ingonish Beach.
902-285-2008
www.ingonishchalets.com
(hikers' headquarters)

Skyline Cabins
www.skylinecabins.ca

<https://www.novascotia.com/explore/top-25/cape-breton-highlands-national-park>

For further information or if you have any questions contact Judy Everard or Nancy Parsons or email chebuctohiking@hotmail.com

SOCIAL EVENTS

Thursday October 10 6:00-8:00

MEET & GREET

at the leaders' cottages at Ingonish Chalets,
36784 Cabot Trail, Ingonish
There will be pizza, veggies, fruit and bottled water. Bring your camp chairs & BYOB
Members - FREE Non-Members - \$10

Sunday October 13 at 6:00 pm

TURKEY DINNER

at the St. John's Anglican Church Hall,
36042 Cabot Trail, Ingonish
The price includes taxes & gratuity
Members & Non-Members - \$30.00

**Make cheques payable to
CHEBUCTO HIKING CLUB**

Please complete the attached form and return with payment to:

Chebucto Hiking Club Road Trip
P.O. Box 26018,
Portland Street Market R.P.O.
Dartmouth, NS B2W 6P3



Clyburn Valley

HIKING SCHEDULE

The hikes are scheduled to allow time to explore other activities in the area.

PLEASE NOTE: Conditions could dictate a change in the schedule. If in doubt, check with the coordinators.

Bring lots of water/snacks on hikes.

Thursday October 10, 2019
FRESHWATER LAKE TRAIL &
MIDDLE HEAD TRAIL - 2:00 PM
10 kms - Rating 2B - 2 hours

MEETING POINT: Ingonish Beach Day Use area parking lot.

Description: Starting next to the ocean, this short level trail follows the shoreline of a small lake that was once an ocean bay. Climb the short but steep stairs to the lookoff. Second part of the hike leaves from the Middle Head trail head, past Keltic Lodge. The trail follows a long narrow peninsula separating two ocean bays, ending on headland cliffs overlooking the Atlantic Ocean, Cape Smokey and Ingonish Island.

Friday October 11, 2019
CAPE SMOKEY TRAIL - 10:00 AM
6 or 14 kms - Rating 4D - 2 or 4 hours

MEETING POINT: Cape Smokey Provincial Park at the top of Cape Smokey. 40301 Cabot Trail, Cape Smokey.

Description: Located on top of Smokey Mountain and offering spectacular coastal views, this is a popular rest stop for those traveling the Cabot Trail and Cape Breton Highlands National Park areas. A linear trail provides many exciting views and photo opportunities.

Saturday October 12, 2019
COASTAL & JACK PINE TRAIL - 10:00 AM
10 kms - Rating 2C - 2.5 hours

MEETING POINT: Turn off Cabot Trail at the Black Brook Day Use area - use the upper parking lot.

Description: This scenic Coastal trail hugs the ocean, briefly joining the Jack Pine Trail then continuing along granite headlands, coastal meadows and cobblestone beaches. This hike is along the Atlantic coast, rocky cliffs, short climbs, rocky rugged cobblestone beaches, and winds through a post-fire jack pine stand.

Saturday October 12, 2019
MICA HILL TRAIL - 2:00 PM
8 kms - Rating 3C - 2.5 - 3 hours

MEETING POINT: Take the Paquette Lake Road to the trail head and park at the lake.

Description: This breathtaking trail winds through Acadian mixed forest and stunted taiga as it gradually climbs to the windswept plateau. It offers 360° views spanning the barrens, the dramatic Aspy fault, coastal villages far below and mountains reaching the most northern tip of Cape Breton. Continue along a narrower footpath to Mica Hill's remarkable outcrops of quartz and mica



Freshwater Lookoff

Sunday October 13, 2019
MIDDLE HEAD **SUNRISE HIKE - 6:30 AM**
4 kms - Rating 2B - 1.5 hours

MEETING POINT: Just beyond the Keltic Lodge, civic address 383 Keltic Inn Road, Ingonish.

Description: The trail follows a long, narrow peninsula separating two ocean bays, ending on headland cliffs overlooking the Atlantic Ocean, Cape Smokey and Ingonish Island.

Sunday October 13, 2019
FRANEY MOUNTAIN TRAIL - 10:00 AM
8 kms - Rating 3C - 3 hours

MEETING POINT: Turn off the Cabot Trail just north of the Clyburn River and follow the fire access road for about 1 km to a small parking lot.

Description: You climb up and up and your reward is at the top! Large flat rocks give you a nice place to sit and enjoy the 360-degree views of the entire Clyburn Brook canyon and the Atlantic coastline from Cape Smokey to Ingonish. Gaze back at the mountains, the sheer rocky face of Franey Mountain, or the river winding through the valley, 425 m below. Keep an eye out for wildlife - moose like this habitat too.

Monday October 14, 2019
CLYBURN VALLEY TRAIL - 10:00 AM
10 kms - Rating 2B - 3 hours

MEETING POINT: Turn off the Cabot Trail just north of the Clyburn River.

Description: Hikers will marvel at the spectacular stands of hardwood trees, boulders bigger than cars, old abandoned beaver ponds, meadows, apple trees and even the remains of an old gold mine. This trail follows the river for most of the way, as you can catch a glimpse of the Highlands Links Golf Course as it weaves its way up the valley.

REGISTRATION

NAME _____

ADDRESS _____

EMAIL ADDRESS _____ PHONE NUMBER _____

AMOUNT ENCLOSED _____

Please indicate if you are attending:

_____ Group Hikes (no charge)

_____ Thursday Pizza Meet & Greet (**FREE to members, \$10.00 non-members**)
_____ gluten free

_____ Sunday Turkey Dinner (**\$30.00**)
_____ vegetarian option _____ gluten free

**Please note that the closing date for registration is September 15, 2019
Make cheques payable to Chebucto Hiking Club**

**COMPLETE & SEND TO CHEBUCTO HIKING CLUB ROAD TRIP
P.O. BOX 26018, PORTLAND STREET MARKET R.P.O.
DARTMOUTH, NS B2W 6P3**

WE WILL BE HIKING IN THE NATIONAL PARK - PARK PASSES ARE REQUIRED. INFORMATION ABOUT EARLY- BIRD PRICES IS AVAILABLE AT WWW.PC.GC.CA/EN/PN-NP/NS/CBRETON/VISIT/TARIFS-FEES OR 902-224-2306

CHC hike leaders are volunteers and not professional guides. All outings are at your own risk. Come prepared for your safety as well as that of others. Chebucto Hiking Club will not be held liable for any injuries, expenses or inconveniences that participants may experience during any hike.